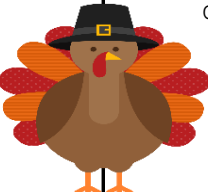


# November Menu

S	Monday	Tuesday	Wednesday	Thursday	Friday	S	LATE SNACK	NOTE:																																					
27	28 Milk CEREAL: <b>WG</b> Bran Flakes Pineapple Milk Beef ravioli with marinera sauce Peas Apricots Water String cheese Ritz crackers	29 Milk Cream of Wheat Mixed fruit Milk <b>WG</b> Zoo Crew chicken nuggets Sweet potatoes Bananas Water Blueberries <b>WG</b> Crisp Veggie Cracker	30 Milk <b>WG</b> pancake bite Apple slices Milk Meatloaf with a <b>WG</b> dinner roll Green beans Peaches Water Emoji smile shaped potatoes Cheez-It crackers	31 Milk Scrambled eggs Pears Milk Chicken enchilada soup with... ...crunchy tortilla chips, corn Mixed fruit Water Cottage cheese <b>WG</b> Goldfish pretzel crackers	1 Milk Muffins (blueberry, lemon, banana nut) Mandarin oranges Milk <b>WG</b> Breaded fish square Mixed Vegetables Applesauce Water Apple slices with PB (Townhouse)	2	MONDAY Goldfish & juice TUESDAY Mandarin crackers & juice WEDNESDAY Ritz & juice THURSDAY Towne House & juice FRIDAY Graham crackers & juice	Children under 2 will be served the item in PARENTHESIS ( ). ***** Please see the menus posted in the classrooms or in the kitchen for any changes or additions.																																					
3	4 Milk CEREAL: Crisp Rice Mixed fruit Milk <b>WG</b> Spaghetti w/meat sauce Broccoli Pears Water Baked zucchini stick with ranch dressing Goldfish cheese crackers	5 Milk <b>WG</b> Turkey sausage pancake stick Bananas Milk Breaded pork fritter Corn Pineapple Water Vanilla yogurt Rockin' granola bits	6 Milk Diced ham Apricots Milk Hamburger, green bean, tomato mixture ...over mashed potatoes Apple slices, dinner roll Water Cherry juice <b>WG</b> Jungle crackers	7 Milk Breaded ham, egg, and cheese patty Peaches Milk Meat lasagna Mixed Vegetables Bananas Water Turkey and cheese <b>WG</b> wrap roll up	8 Milk COOKS CHOICE ...or sausage patty and pears Milk COOKS CHOICE ... or cheese pizza Corn and mixed fruit Water COOKS CHOICE ... or <b>WG</b> English muffin w/PB (jelly)	9	<p>.....</p> <p><b>ABOUT OUR MILK</b></p> <p>~ MILK: 12-23 months will be offered unflavored WHOLE MILK</p> <p>~ MILK: 24 and up months will be offered unflavored SKIM MILK</p> <p>.....</p> <p>~ <b>WG</b> = Whole Grain Rich item</p> <p>.....</p> <p><b>SPECIAL DIETS</b> (Please see the office for the form to fill out)</p> <p>.....</p> <p><b>* if parents do not want us to offer items on this menu, or if parents ask us to alter this menu in any way, due to a <u>disability</u>... an impairment; including allergies and lactose intolerance we will need a <u>DOCTOR's note</u></b></p> <p>.....</p> <p><b>* if parents do not want us to offer items on this menu, or if parents ask us to alter this menu in any way, due to a <u>non-disability</u>... a religious, ethnic or lifestyle preference we will need a <u>PARENT's note</u></b></p>																																						
10	11 Milk CEREAL: Raisin Bran Mandarin oranges Milk Hamburger on a <b>WG</b> bun Cauliflower Applesauce Water Blueberry Yogurt <b>WG</b> Toasted Oats cereal	12 Milk Bacon, egg, and ch. on a mini bagel Pineapple Milk Scalloped potatoes with diced ham <b>WG</b> dinner roll Apricots Water Cucumber slices Oyster crackers	13 Milk <b>WG</b> Waffles Pears Milk Soft taco (chic., ch, lettuce) <b>WG</b> wrap Green beans Mixed fruit Water Popcorn chicken	14 Milk Bisquits and sausage gravy Applesauce Milk Vegetable soup with hamburger Cooked carrots, saltines Bananas Water <b>WG</b> corn tortilla chips (tortilla) with salsa and shredded cheese	15 Milk Hard boiled egg Peaches Milk <b>WG</b> Breaded pollock fish nugget Mixed vegetables Mixed fruit Water Celery with peanut butter (Cheese slice with oyster crackers)	16	<p>.....</p> <p><b>LS - MEAL TIMES</b></p> <table border="1"> <tr><td>Red 1 and 2</td><td>8,11,2,5</td></tr> <tr><td>Yellow 1 and 2</td><td>8,11,2,5</td></tr> <tr><td>Green</td><td>8,11,2,5</td></tr> <tr><td>Orange</td><td>8,11,2,5</td></tr> <tr><td>Dark Blue</td><td>830, 1130, 230, 530</td></tr> <tr><td>Purple</td><td>830, 1130, 230, 530</td></tr> <tr><td>Berry</td><td>830, 1130, 230, 530</td></tr> <tr><td>Berry-AM4K (8:40-11:50)</td><td>8 to 840, 11:50, 230, 530</td></tr> <tr><td>Light Blue (SCAMP)</td><td>9, 12, 3</td></tr> <tr><td>Teal (B/A school)</td><td>8, 4</td></tr> </table> <p>.....</p> <p><b>LSB - MEAL TIMES</b></p> <table border="1"> <tr><td>Infant A - Side 1</td><td>8,11,2,5</td></tr> <tr><td>Infant A - Side 2</td><td>8,11,2,5</td></tr> <tr><td>Infant B - Side 1</td><td>8,11,2,5</td></tr> <tr><td>Infant B - Side 2</td><td>8,11,2,5</td></tr> <tr><td>Cherry</td><td>830, 1130, 230, 530</td></tr> <tr><td>Olive</td><td>830, 1130, 230, 530</td></tr> <tr><td>Blueberry</td><td>9, 12, 3</td></tr> <tr><td>Grape</td><td>9, 12, 3</td></tr> <tr><td>Orange</td><td>9, 12, 3</td></tr> </table>	Red 1 and 2	8,11,2,5	Yellow 1 and 2	8,11,2,5	Green	8,11,2,5	Orange	8,11,2,5	Dark Blue	830, 1130, 230, 530	Purple	830, 1130, 230, 530	Berry	830, 1130, 230, 530	Berry-AM4K (8:40-11:50)	8 to 840, 11:50, 230, 530	Light Blue (SCAMP)	9, 12, 3	Teal (B/A school)	8, 4	Infant A - Side 1	8,11,2,5	Infant A - Side 2	8,11,2,5	Infant B - Side 1	8,11,2,5	Infant B - Side 2	8,11,2,5	Cherry	830, 1130, 230, 530	Olive	830, 1130, 230, 530	Blueberry	9, 12, 3	Grape	9, 12, 3	Orange	9, 12, 3
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17	18 Milk CEREAL: Corn Flakes Applesauce Milk Beef stew with potatoes and carrots Biscuit Pears Cherry juice <b>WG</b> Whole wheat soft pretzel rod ...with cheese sauce	19 Milk <b>WG</b> Cinnamon bagel w/cream chz Apricots Milk BBQ chicken, <b>WG</b> dinner roll Tator barrels Pineapple Water Baked mac-n-cheese bites	20 Milk Pancakes Bananas Milk <b>WG</b> Breaded chix patty on a bun Broccoli Apple slices Water Cheese curds Salad wafer crackers	21 Milk Fried egg Peaches Milk Ch. burger <b>WG</b> macaroni casserole Mixed Vegetables Mixed fruit Water Chicken pizza quesadilla wedge	22 Milk COOKS CHOICE ...or raspberry yogurt and pears Milk COOKS CHOICE ...or grilled cheese <b>WG</b> sandwich corn and mandarin oranges Water COOKS CHOICE ... or cottage cheese w/retzel twists	23																																							
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